



ANTIGONISH BASEBALL ASSOCIATION 2019 SEASON POLICY AND PROCEDURES FOR PARENTS AND PLAYERS

ANTIGONISH BASEBALL ASSOCIATION

Antigonish Baseball Association consists of Antigonish Kinsmen Minor Baseball, Antigonish Challenger Baseball and Antigonish Sandlot Baseball. Minor Baseball has both recreation (11U, 9U, 7U, and 5U) and competitive (15U, 13U, and 11U) based divisions. Emphasis for all divisions is on appropriate skill development, fair play and enjoyment of the game. All divisions are co-ed. Challenger Baseball is an adapted baseball program for children with special needs. Players in Challenger Baseball are paired with a Buddy who assists the player play ball and have fun. Sandlot Baseball is a self-umpired weekly pickup game for adults and youth 16 years and older.

Antigonish Baseball Executive 2018	
Kris Hunter	President
Randy Crouse	Past-President Coordinator of Antigonish Challenger Baseball
Mary Fisher-MacDonnell	Registrar
Kim Cormier	Treasurer/Secretary
Matthew Schumacher	Head Umpire
Committees	
Executive	Fundraising
Challenger	Recreation/Development
Competition/Coaches	Umpires/Rules

COACHES/VOLUNTEERS/BUDDIES

Antigonish Baseball Association is a volunteer organization. As with any volunteer organization, help is needed and greatly appreciated. Without volunteers, baseball in Antigonish could not survive. If you are interested and able to volunteer as a coach, a parent manager, a buddy or on one of our committees then please contact antigonishbaseball@gmail.com or 902-863-7771.

QUESTIONS OR CONCERNS

Feedback regarding our association and programs is always welcomed, but please do so in a constructive manner. Rude and threatening emails, phone calls and comments have been received in the past and they will not be tolerated. Our association is made up of a small group of dedicated volunteers who are always looking for ways to improve baseball programs for the children. Through conversation and brainstorming, problems can be resolved.

CRIMINAL RECORD CHECK

Due to Baseball Nova Scotia regulations, any individual (19 years old and above) wanting to volunteer with children must have a criminal record check completed. The criminal record check will be completed at no cost to the volunteer. If you plan on volunteering and have not picked up a criminal record request form from Antigonish Baseball Association, please do so as soon as possible. The request form can be dropped off at the local police department for processing. Once you have received your criminal record sheet from the police department, please provide Antigonish Baseball Association with a copy.

PICTURES AND SOCIAL MEDIA

Many families post pictures online of their children participating in baseball. While Antigonish Baseball Association does not want to discourage the sharing of pictures of children enjoying physical activity, please be aware that not all families want pictures of their children on Facebook, Twitter, Instagram and other forms of social media. Before posting pictures online, please make sure that if the picture includes a child who is not your child, that you have permission from their family before doing so.

FAIR PLAY CODE - PLAYERS

I will participate because I want to, not just because my parents or coaches want me to. I will play by the rules and in the spirit of the game. I will respect my opponents, teammates, officials, coaches, volunteers and parents. I understand that use of tobacco, drug or alcohol products during baseball activities will not be tolerated. I understand that throwing and/or mishandling of equipment will not be tolerated. I will refrain from the use of insulting, harassing or offensive language at the field and surrounding areas. I understand that hostility and violence of any form will not be tolerated. I understand that bullying will not be tolerated.

FAIR PLAY CODE – PARENTS/GUARDIANS

I will not force my child to participate in baseball. I will remember that my child plays baseball for his/her enjoyment. I will respect players, officials, coaches, volunteers and other parents. I will never ridicule or yell at my child for making a mistake or losing. I will refrain from the use of insulting, harassing or offensive language at the field and surrounding areas. I understand that hostility and violence of any form will not be tolerated. I understand that bullying will not be tolerated.

FAIR PLAY CODE - COACHES

I will teach my players to play fairly. I will teach my players to respect the rules. I will teach my players to respect their opponents, teammates, officials, coaches, volunteers and parents. I will ensure that all players get equal instruction, support and playing time. I will treat all players equal regardless of gender, race, sexual orientation, religion or economic status. I will not ridicule my players for making mistakes or performing poorly. I will remember that children play to have fun. I will make sure that equipment and facilities are safe and match the players' age and abilities. I will abstain from the use of tobacco, drug or alcohol products while in the presence of players. I will refrain from the use of insulting, harassing or offensive language while performing coaching duties. I understand that hostility and violence of any form will not be tolerated. I understand that bullying will not be tolerated.

DIVISION INFORMATION

Divisions are based on year of birth. To be eligible for a given division a player must not turn older than the maximum age within that calendar year. For example, a 11-year-old that turns 12 in 2018 (even if that occurs after the baseball season has ended) is ineligible to play in 11U and would instead play in 13U. Players must play in their allotted age division unless recommended for an older division by their coach and approved by the executive. Baseball NS allows an exception to the division rule for girls, as they are allowed to play one extra year in each division (i.e. a girl turning 12 in 2018 can play either in 13U or in 11U).

CAMPS AND CLINICS

Antigonish Baseball Association is always looking for ways to promote baseball and to assist with children's skill development. Please check our website (www.antigonishbaseball.com) for dates and locations for various baseball camps and clinics throughout Nova Scotia.

EMERGENCIES AND FIRST AID KITS

First aid kits will be available in the baseball equipment shed. If you use any supplies from the first aid kits, please let the nightly coordinator/coach know or contact antigonishbaseball@gmail.com or 902-863-7771 so supplies can be replaced. There will also be a binder with emergency action plans, players' health card number, address, player/parent contact information and emergency contact numbers stored in the shed. If you notice any unsafe field conditions, please contact Town of Antigonish Recreation and/or contact antigonishbaseball@gmail.com or 902-863-7771.

INSURANCE

All players, coaches, volunteers and umpires will be insured through Baseball Nova Scotia and All Sport.

CONTACT INFORMATION

E-mail (preferred method of contact) – antigonishbaseball@gmail.com

Facebook – Please 'like' our pages - Antigonish Baseball Association and Nova Scotia Challenger Baseball

Website – www.antigonishbaseball.com and www.nschallengerbaseball.com

Twitter – @antigonishball and @ns_challenger

Phone – 902-863-7771 (Kris' Cell)

WATER BOTTLES

A water bottle for each child is greatly recommended.

HELMETS AND GLOVES

Double ear flap batting helmets are required to be worn whenever a player is batting. For hygiene purposes, all players will be required to bring their own batting helmet and glove to practice/games. Chinstraps are mandatory in the 13U division and below during games. If you have questions about equipment please contact your coach, antigonishbaseball@gmail.com or 902-863-7771.

ATTIRE

For safety, we request that children do not wear open-toed shoes, sandals, flip flops or Crocs while playing. Sneakers, baseball cleats and soccer cleats are all appropriate footwear for minor baseball. Cleats are recommended in 11U division and higher. Metal cleats are not permitted in 13U and below. Ball hats are recommended to be worn whenever player is not wearing their batting helmet. Ball hats are required to be worn during games in 11U division and higher. Long pants (sweat, track, or baseball) are recommended to be worn but are not required in 9U division and lower. Players on teams in 11U division and higher will need to wear baseball pants, belts and socks during games. Baseball socks and belts should be red. Baseball pants will either be grey or white, check with your coach as to what color your team will use. Athletic supporters are required in 11U division and higher. Players in 9U division and lower will be given team shirts. These players can get a free small ice cream at McDonalds after their practice if they are wearing their team shirt. Players in 11U division and higher will be given team hats. Players on teams in 11U division and higher will wear jerseys during game play that will be provided by the association.

CANCELLATIONS

In the event that a baseball night/event needed to be cancelled, Antigonish Baseball Association will inform The Hawk and XFM about the cancellation. The cancellation will also be posted on www.antigonishbaseball.com, on Facebook and through an email to parents/guardians. Although our association attempts to make the decision to cancel baseball in a timely fashion; sometimes, due to work commitments and changes in the weather, this is not possible. Please check our website/Facebook prior to leaving for baseball each evening. If weather declines during practices or games, coaches or umpires will utilize their own discretion as to when to cancel. Parents are welcome to pull their child from the field if they feel weather conditions are unsafe.

FIELDS

Unless otherwise specified, see note under schedule below, all practices and home games will be played on the ball fields by Dr. J.H. Gillis Regional High School. Parking may be restricted by the school on certain dates (i.e. prom, graduation, etc.). Driving on or parking in the fire lane next to the school gym beyond the bus loop area is strictly prohibited. If you have mobility issues or have difficulty reaching the field, then please contact Town Recreation for special permission to gain access to the fields via this lane.

Start Date – Either June 3rd. You will be sent an email during the week of May 20th confirming the start date.

SCHEDULE

The schedules and fields given below are somewhat tentative because of unknowns surrounding field renovations. We are working to finalize the schedule but there may be developments throughout the season that are unavoidable. For instance, 13U and 11U division home games which ideally are played on field 2 (softball field) may be played on field 3 or an alternate field in the county. We will attempt to provide as much advance notice of schedule or location changes as possible. We appreciate your patience..

Division	Year of Birth	Field	Schedule	2 nd Practice time
5U	2014/2015*	3b	Monday 5:00-6:00pm	
7U	2012/2013	3b	Tuesday 5:00-6:00pm	
9U	2010/2011	3a	Tuesday 5:00-6:30pm	
11U	2008/2009	3a	Monday 5:00-6:15pm	Wednesday 5:00-6:30pm
13U	2006/2007	2&3	Tuesday 6:00-8:00pm	Thursday 5:00-7:00pm
15U	2004/2005	3a	Monday 6:30-8:30pm	Wednesday 6:30-8:30pm
18U**	2001/2002/2003			
Challenger	2001-2015*	2	Thursday 6-7pm	
Sandlot**	Before 2002			

* Players must be 4 years old by January 2019

** These divisions are not scheduled to operate in 2019. If there is sufficient demand these will be offered.

REGULATIONS (abbreviated)

Division	BASES	PITCHING	MOUND	Bat Regulations
5U	50'	n/a	n/a	n/a
7U	50'	n/a	n/a	n/a
9U	50'	n/a	n/a	n/a
11U	60'	44'	n/a	Metal, ≤ 32" long, ≤ 2 ¼ " diameter
13U	70'	48'	n/a	Metal or wood, ≤ 32" long, ≤ 2 ¼ " diameter, max weight-length dif. -10
15U	80'	54'	6" Mound	Wood, bamboo, or wood composite bats
18U	90'	60' 6"	10" Mound	Wood, bamboo, or wood composite bats
Challenger	50'	n/a	n/a	n/a
Sandlot	90'	60' 6"	10" Mound	n/a

For complete set of rules and regulations consult Baseball Canada and Baseball NS websites. Some division leagues play by amended rules. Coaches may place additional restrictions on their based on their discretion or on the advice of the association. During game play umpires have complete authority.

Antigonish Baseball Association looks forward to seeing you at the field this summer.

PLAY BALL!